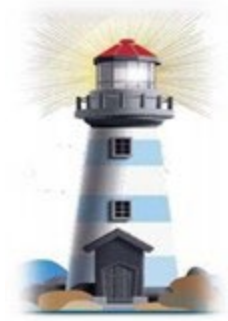


Province IV 2026 Assembly & Fall Retreat

Workshops



1. The Truths Women Tell-Rev. Kaki O'Flinn & Rev. Marge Doyle

What truths through women's lives has God been revealing since biblical times? How did He speak into those truths then and now? What are some we need to be boldly sharing in our present culture? Join us as we delve into the stories of women who still inform us today through the lives and examples they set. How can we do the same for those who follow us? This will be a rich time of self-discovery, legacy building, and empowerment in Jesus' name.

2. C.S. Lewis for Daughters-Christin Ditchfield Lazo

Dive into the life and legacy of one of Christianity's most beloved writers. We will trace Lewis's remarkable faith journey and explore the ways his works serve as a rich resource for Daughters in our own spiritual formation today. As a bonus, we will look at the upcoming film adaptation of his novel *The Magician's Nephew* and how it can open doors for us to share our faith with those around us.

3. Chaplains in The Order-The DOK chaplain: Who can be one, why you need one. Rev. Marge Doyle & Rev. Kaki O'Flinn

The Order of the Daughters of the King has since its inception welcomed the role of chaplain in the order. In our current time, chaplains serve on the Chapter, Province, and National level. This workshop is to help Daughters understand the process, qualifications, and role of the chaplain and is to help clergy embrace their opportunities to support The DOK by serving as chaplains.

4. Going home with dignity: A Journey through Hospice-Terri Smith & Katie Rea

Join a compassionate and informative discussion about hospice care and the support it provides for patients and families facing end-of-life journeys. Alongside clinical understanding and emotional support, this conversation will also explore the spiritual aspects of hospice—how patients and families draw strength, meaning, and peace from their spiritual or faith traditions during this profound stage of life. Through a conversational question-and-answer format, participants will learn what hospice is, who it serves, and how it supports both patients and their loved ones. Personal stories and experiences will offer a deeper understanding of the profound impact hospice can have during one of life's most challenging and meaningful transitions. Participants will leave with greater knowledge, confidence, and appreciation for the compassionate care hospice provides.

5. Still Called, Still Growing, Still Becoming: Your Best Chapters Are Still Unwritten-Elaine Conger & Pam Evans

What if you could see the years still stretched out before you? Using an ordinary measuring tape as both a visual illustration and a powerful metaphor, this inspiring workshop invites women to take a fresh and hopeful look at the life still ahead of them. Rather than focusing on what has been lost in life or left behind,

we will explore how to embrace the years we have remaining with renewed purpose, courage, joy, and faith. Together, we will reflect on what truly matters in this season of life: nurturing meaningful relationships, pursuing God-given passions, offering wisdom to others, healing old wounds, and living each day more intentionally. As the measuring tape unfolds, it becomes a reminder that every inch represents time still available to grow, serve, love, create, forgive, celebrate, and deepen our walk with God. This workshop is not about counting down the years — it is about making the years count. With honesty, laughter, spiritual reflection, and encouragement, women will leave inspired to live their remaining chapters with gratitude, boldness, and expectancy for all that God still has in store.

6. Hands on Healing and Using Oils-Sueson Vess & Annette Figueroa

Lord, help us to use all the tools and gifts You have given us that we may be restored and renewed in body, mind, and spirit. We are called to heal, to be Christ's hands and feet in the world. We can learn to use tools like healing oils as part of this ministry. Join us and learn more. James 5:14 "Is anyone among you sick? Let him call for the elders of the church and let them pray over him. Anointing him with oil in the name of the Lord."

7. Walking a Sacred Path-Rediscovering the Labyrinth as a Spiritual Practice-Ellen van Nagell

Want to know more about how you & your chapter can begin a Labyrinth ministry in your parish? Want to know how to find a Labyrinth you can use because your church does not have one? What Labyrinth events can your chapter lead? What is World Labyrinth Day (WLD). Want to learn more about the ancient history of Labyrinths & how you, with an open heart & mind, can incorporate meditation on a Labyrinth into your spiritual life? We will also talk about how to use paper Labyrinths in meditation and what resources are available for use with young children.

8. The Prayer Bowl: "Held in God's Hands"-Peggy Greene & Tamara Martin

This workshop offers a spiritual enrichment exercise using the Prayer Bowl as a visual and contemplative tool. Participants will begin with a brief history of the Prayer Bowl before engaging in a guided, theme-based reflection. Each person will write their prayers on slips of paper and place them into the bowl as an act of release and trust. At the close of the session, the group will burn the slips of paper together, offering their prayers to God. This practice affirms that God knows our joys, burdens, hopes, and petitions—and holds them all with love.

9. Understanding the 2027 National Bylaws Revision - Chris Thorowgood & Jennifer Dewees

The proposed 2027 National Bylaws represent a complete revision designed to create a clearer, more effective governance structure for The Order. This workshop will explain the reasons behind the revision, highlight the most significant changes, and discuss how the new structure will benefit chapters, dioceses, provinces, and the National organization.

10. St Mary Magdalene as Spiritual Guide-Rev. Jonnette DeMarsico & Betty MacDonald

Spiritual practice and Prayer: Who really was Mary Magdalene and how does her journey with Christ serve as spiritual guidance? Mary Magdalene's journey provides each of us with a blueprint for experiencing the transformative love of Christ, and her life history serves to establish the place of women as she served as the Apostle to the Apostles: the first to encounter the risen Christ and charged with Christ himself to GO and tell the others.

This reflective workshop explores the history of Mary Magdalene's legacy and her spiritual model of four devotional practices essential to Christian life: self-knowledge and forgiveness, discernment, abiding in His love, and transformation by His abundant grace.

11. What Dreams Teach Us: A Journey into Symbols and Meaning-Katie Rea & Terri Smith

Dreams speak in the language of symbols, an emotional, embodied language that is often wiser than our waking minds. In this workshop, we will explore how dreams invite us into deeper self-understanding through color, movement, reflection, and intuitive imagery. Using colorful scarves as one creative practice, along with optional journaling and reflection, participants will explore dream symbols through both body and imagination. No movement experience is needed, and sharing dreams is always optional. If you do not remember your dreams, you're still welcome. Rooted in the Christian contemplative tradition, this workshop offers a gentle, grace-filled space to explore the ways God speaks through symbols, Scripture, and the inner life.

12. Using Prayer Beads in Our Rule of Life, Service, and Evangelism- Lynn Edgerton, Deb Dunlap & Helen Nazzaro

This hands-on workshop explores how Anglican Prayer Beads and Pocket Prayer Beads can deepen your spiritual life and strengthen your witness. We will begin with a brief reflection on my own journey with prayer beads, then look at practical ways to incorporate them into your Rule of Life, your Rule of Service, and gentle faith-sharing. In the second half of our time together, participants will create their own pocket prayer bead set and pray with them as a group. All materials provided.

13. Meditation on the life and sayings of Julian of Norwich-Victoria Hawkins & Elaine Conger

We invite the presence and guidance of the Holy Spirit as we engage in two new spiritual disciplines: Visio Divina and Audio Divina. In Visio Divina, we use the eyes of our souls to gaze at the icon of St. Julian, followed by a period of silence, meditation, and journaling. In Audio Divina, we listen with our hearts to the words of St. Julian set to music, meditating on her message to us. Bring your Anglican Prayer Beads if you have them for a tactile experience. There will be a time of open sharing after each exercise.